

The background features a collage of various landmarks from Lewisham, including the Old Lewisham House, St. Martin's Church, and the Victoria Park Bandstand, overlaid with large, semi-transparent colored shapes in red, orange, blue, green, and purple.

# LEWISHAM LOCAL<sup>©</sup>

Give local, Shop local

An aerial photograph of Lewisham, London, showing a dense residential area with many houses and trees. In the background, the River Thames flows through the city, and the City of London skyline is visible across the water. The text "LEWISHAM LOCAL CONNECTS PEOPLE, BUSINESSES AND ORGANISATIONS THROUGH GIVING AND SHARING." is overlaid on the image in white, bold, sans-serif capital letters.

LEWISHAM LOCAL  
CONNECTS PEOPLE,  
BUSINESSES AND  
ORGANISATIONS  
THROUGH GIVING  
AND SHARING.

Get involved in the local community and contribute to helping make Lewisham better for everyone.

Everyone has something to give – whether that's time, skills or money – and we can help connect you to local needs and good causes.

## WHY DO WE EXIST?

We want to promote the local good causes and needs in Lewisham and encourage local people to give their time, money and skills to help our borough.

## WHAT CAN WE DO?

Local people, organisations and business want to make a positive difference to living and working in Lewisham but often don't know how. We help connect people to local opportunities to make sure everyone's contribution is making a real local difference.

Local charities understand the challenges and needs in Lewisham and are able to respond. We want to raise the awareness of local good causes and the difference they are making in Lewisham.

Our local businesses and our local economy is important. We want businesses to connect and be a part of the local community as well as encourage support for spending in local businesses.

## WE NEED YOU

If you would like to make a difference in Lewisham and use your time and skills to contribute, get in touch.

**hello@lewishamlocal.com**  
**lewishamlocal.com**



# Give local, shop local

Lewisham Local Card helps recognise people who give their time and volunteer in our communities. Independent shops and businesses thank local volunteers by offering deals through the card.

Lewisham Local Card aims to raise the profile of good causes in Lewisham as well as increase support for our independent shops and businesses. Over 5,000 local volunteers, 200 local charities and over 370 local businesses are part of the Lewisham Local Card.

If you volunteer, sign up for a Lewisham Local Card today!

[lewishamlocal.com/card](http://lewishamlocal.com/card)

'Using my Lewisham Local Card makes me feel extra pleased about being a volunteer in Lewisham' Volunteer

## Benefits of the card

- Recognition for local volunteers and their work
- Opportunity for businesses to connect to communities and give back
- Boost profile of local good causes
- Increase support for local independent shops and businesses



## Where to use your card

Over 370 businesses offer deals through the Lewisham Local Card. These include: independent shops and businesses, cafés, restaurants, leisure centres, theatres, cinemas and more! Find the full list of local deals on our website [www.lewishamlocal.com/card](http://www.lewishamlocal.com/card)



# BELLINGHAM & DOWNHAM

**Bellingham  
Leisure Centre**  
Randlesdown Rd  
SE6 3BT  
**25% off (T&C's)**



**Parkview Café**  
32 Randlesdown Rd  
SE6 2UN  
**10% off**



**Café Treat**  
461 Bromley Road  
BR1 4PH  
**10% off**



**Velma's Catering**  
16 Randlesdown Rd  
SE6 2UN  
**5%/10% off (T&C's)**



**Priceless Carpets**  
421 Bromley Road  
BR1 4PJ  
**10% off**



**Rhubarb &  
Custard Café**  
5 Randlesdown Rd  
SE6 3BT  
**10% off**



**Sunflowers Florist**  
233 Bromley Rd  
SE6 2PG  
**10% off**



**Flowers by Vicky**  
436 Bromley Road  
BR1 4PP  
**10% off**



**Bellingham  
Barber**  
6 Randlesdown  
SE6 3BT  
**10% off**



**ABM Motor Factors**  
253-255  
Bromley Rd  
SE6 2RA  
**10% off**



**Mega Breakfast  
Café**  
444 Bromley Road  
BR1 4PH  
**10% off**



**Downham Leisure  
Centre (iLife)**  
7-9 Moorside Road.  
BR1 5EP  
**25% off (T&C's)**



**Catford Print**  
3 Bellingham Rd  
SE6 2PN  
**10% off**



**Downham Auto  
Stores**  
446 Bromley Road  
BR1 4PP  
**20% off**



**Football  
Domination Ltd**  
Bellingham Leisure  
Centre  
**Coaching Discount**



**Bellingham  
Dry Cleaners**  
30 Randlesdown  
Rd. SE6 3BT  
**10% off**



**Pressed &  
Dressed**  
448 Bromley Road  
BR1 4PP  
**10% off**



**Catford Glass**  
122 Bromley Road  
SE6 2UN  
**10% off**



### Capoeira Agora

St John the Baptist,  
Catford  
SE6 2RP  
Discount on classes



### Hairglo

Unit 1, 453 Bromley  
Road, BR1 4PH  
10% off



### Prime Sports Therapy

Up to 20% off  
services



### Goldsmiths Community Ctr

Castillon Road  
SE6 1QD  
10% off3



# BLACKHEATH & LEE

## FC Meats

137 Burnt Ash Hill  
SE12 OAE  
**10% off (T&C's)**



## Elements Bar

207 Lee High Road  
SE13 5PQ  
**15% off**



## Homestyle

310 Lee High Road  
SE13 5PJ  
**5% off ready  
made curtains**



## Regency Motor Company

151 Lee High Road  
SE13 5RF  
**10% off everything**



## Westcombes

250-252 Lee  
High Road.  
SE13 5PL  
**5% off (T&C's)**



## Ilayda Hair Design & Beauty

312 Lee High Road  
SE13 5PJ  
**10% off**



## Archibald's Lee

164 Manor Ln,  
SE12 8LP  
**10% off (T&C's)**



## Harlequin Party Shop

254 Lee High Road  
SE13 5PL  
**10% off**



## AS Solicitors

382 Lee High Road  
SE12 8RW  
**10% off (T&C's)**



## China Rendezvous

169-171 Lee High Rd  
SE13 5PQ  
**10% off**



## Blackbird Boutique

28 Blackheath  
Village. SE3 9SY  
**10% off**



## Raffles

49 Montpelier Vale.  
SE3 0TJ  
**10% off**



## Cook Blackheath

18 Tranquil Vale  
SE3 0AX  
**£5 off (T&C's)**



## South London Cycles

288-290 Lee High  
Road. SE13 5PJ  
**15% off**



## Excell Learning Centre

59 St Mildreds  
Road. SE12 0RE  
**Coaching Discount**



## Faction Bookshop

2 Leegate Rd.  
SE12 8SS  
**10% off fiction  
books**



## Lee Green Comm Centre

3 Leegate  
SE12 8SS  
**20% off venue hire**



## Bookshop On The Heath

74 Tranquil Vale  
SE3 0BW  
**10% off**



### Repair Daemon

8 Burnt Ash Road.  
SE12 8PZ  
5% service discount



Endersby  
Training Ltd  
15% off



### At Home Gift Shop

9 Burnt Ash Road.  
SE12 8RG  
10% off



### Soul Refresh

9 Leegate  
SE12 8SS  
10% off cafe food  
and venue hire



### Grant Saw Solicitors

8 Tranquil Passage  
SE3 0BJ  
10% off (T&C's)



### Collective Cinema

St Margaret's  
Church, Lee Ter  
SE13 5DL  
10% off



### Daniel Mercer Funeral Directors

63 Baring Rd  
SE12 0JS  
Free coffin upgrade  
to a chiltern oak



# BROCKLEY & CROFTON PARK

## **The Brockley Deli**

14A Brockley Cross  
SE4 1BE  
**10% off**



## **waterintobeer**

209-211 Mantle Rd  
SE4 2EW  
**10% off**



## **Kar Klinik**

320 Brockley Road  
SE4 2BT  
**10% off**



## **Parlez**

16 Coulgate Street  
SE4 2RW  
**10% off**



## **Mandy Pandey**

252 Brockley Road  
SE4 2SF  
**10% off**



## **Venus Nails & Beauty**

324 Brockley Road  
SE4 2BT  
**10% off**



## **Central Café**

183 Brockley Road  
SE4 2RS  
**15% off**



## **Sids Bathroom Furniture**

297-299 Brockley  
Rd. SE4 2SA  
**10% off (T&C's)**



## **First Glance Hairdressers**

334 Brockley Road  
SE4 2BT  
**10% off**



## **Magi Gifts**

193 Brockley Road  
SE4 2RS  
**10% off (T&C's)**



## **The Broca Cafe**

3 Coulgate Street  
SE4 2RW  
**20p off hot drinks**



## **Malaysian Deli**

338 Brockley Road  
SE4 2BT  
**10% off**



## **London Print Shop**

1A Mantle Road  
SE4 2DU  
**10% off**



## **Brockley Brewery**

31 Harcourt Road  
SE4 2AJ  
**10% off**



## **Make Mee Sewing Studio**

35 Tyrwhitt Road  
SE4 1QD  
**10% off courses**



## **Brockley Auto and Tyres**

2 Brockley Rise  
SE23 1PR  
**10% off**



## **Pistachio Coffee & Kitchen**

319 Brockley Road  
SE4 2QZ  
**10% off**



## **Jones of Brockley**

354 Brockley Road  
SE4 2BY  
**20% off fresh fruit  
and vegetables**



**Fred's**

358 Brockley Rd  
SE4 2BY  
**10% off**

**Jerk Garden**

394 Brockley Road  
SE4 2BY  
**10% off**

**Pistachios in the Park - Hilly Fields**

Hilly Fields Park  
SE4 1LB  
**10% off**

**Paraphernalia**

365 Brockley Rd  
SE4 2AG  
**10% off**

**MDG London Ltd Windows**

396 Brockley Road  
SE4 2DH  
**Special Offers**

**Made in Brockley**

**10% off using code:  
LEWLOCAL**

**Crofton Park Library**

375 Brockley Rd  
SE4 2AG  
**10% off (T&C's)**

**Café Crofton Park**

397 Brockley Road  
SE4 2PH  
**10% off**

**Pencil You In**

**10% discount on  
all portraits**

**Crofton Park Opticians**

376 Brockley Road  
SE4 2BY  
**10% off (T&C's)**

**Rosie**

407 Brockley Road  
SE4 2PH  
**10% off selected  
cut flowers**

**Terrys All Locks**

379 Brockley Road  
SE4 2PH  
**10% off**

**Nu Spice**

89 Coulgate Street  
SE4 2RW  
**Free hot/cold drink  
with meal**

**Krizz Kutz**

380 Brockley Road  
SE4 3BY  
**10% off**

**Tien Health & Beauty Academy**

Breakspears Road  
SE4 1UT  
**20% off**



# CATFORD & RUSHEY GREEN

## Stanford Estates - Catford

1 Catford Broadway  
SE6 4SP  
1% + VAT (T&Cs)



## Nes's Café

18 Rushey Green  
SE6 4JF  
10% off



## Cash Busters

23 Rushey Green  
SE6 4AS  
15% off



## GR Humber House Clearance

107 Brownhill Road  
SE6 2HF  
10% off (T&Cs)



## Tony's Butchers

19 Catford Broadway  
SE6 4SN  
5% off (T&Cs)



## David Oakham & Sons Butchers

28 Muirkirk Road  
SE6 1BE  
10% off



## Mekan Bar & Restaurant

11-13 Bromley Road  
SE6 2TS  
Special Offers



## Bottle Bar and Shop

2 Catford Broadway  
SE6 4SP  
10% off (T&Cs)



## MNS Bedding,

28 Winslade Way  
SE6 4JU  
15% off



## Streetflava

12 Sandhurst Road  
SE6 1DH  
10% off (T&Cs)



## Leonards Electrical

2 Sandhurst Market  
SE6 1DL  
Installation (T&Cs)



## Joy's Health Sanctuary

29 Winslade Way  
SE6 4JU  
10% off (T&Cs)



## Sapporo Ichiban

13 Catford Broadway  
SE6 4SP  
10% off (T&Cs)



## Eric Lindsey Music

20-22 Rushey Gn  
SE6 4JF  
15% off (T&Cs)



## Taste of Jamaica

3 Brownhill Road  
SE6 2HG  
10% off



## VEGA Beauty & Laser Clinic

17 Brownhill Road  
SE6 2HG  
10% off (T&Cs)



## Charmaine Scott Hair and Beauty

23 Rushey Green  
SE6 2PG  
10% off



## Style Essence

3 Sandhurst Market  
SE6 1DL  
10% off



**Michael Scott  
& Lau Insurance**

36 Sangley Road  
SE6 2JH  
**Discount (T&Cs)**



**Cummin Up**

389 Lewisham  
High St  
SE13 6NZ  
**10% off**



**Cinnamon**

54 Rushey Green  
SE6 4JD  
**10% off**



**Evans  
Supermarket**

36 Winslade Way  
SE6 4JU  
**10% off**



**Fayrooz**

4 Catford Broadway  
SE6 4SP  
**5%/10% off (T&Cs)**



**Dourof's Carpet  
Warehouse**

62-66 Rushey Gn  
SE6 4JD  
**Discount**



**Hair Reward**

373 Lewisham  
High St  
SE13 6NZ  
**10% off**



**Home Setups**

43-47 Rushey Gn  
SE6 4AS  
**10% off**



**Planet 68  
Restaurant**

68 Rushey Green  
SE6 4JD  
**10% off**



**Precious Sprouts**

375 Lewisham  
High St  
SE13 6NZ  
**10% off**



**Catford Pilates**

St Dunstan's Jubilee  
Ground SE6  
**Various Offers**



**Fourteen 87**

7 Catford Broadway  
SE6 4SP  
**10% off**



**Big Fat Gourmet**

377 Lewisham  
High St  
SE13 6NZ  
**10% off**



**Home Needs  
Furniture**

5 Winslade Way  
SE6 4JU  
**10% off**



**Good Food**

7 Sandhurst Market  
SE6 1DL  
**5% off**



**Catford Beds**

381-383 Lewisham  
High St  
SE13 6NZ  
**10% off + Delivery**



**St Christopher's  
Hospice**

51-59 Lawrie Pk Rd  
SE26 6DZ  
**25% off shop**



**Shahmi Furniture**

70-72 Rushey Green  
SE6 4JD  
**Up to 40% off**



# CATFORD & RUSHEY GREEN

## Istikbal

75 Rushey Green  
SE6 4AF  
**10% off**



## Falafel & Chicory

Catford Broadway  
SE6  
**Special Offers**



## La Casa Veché

Eros House  
8 Brownhill Road  
SE6 2EF  
**10% off**



## Eat & Treat

8 George Lane  
SE13 6HH  
**10% off**



## Soulayman's Organic Fruit & Veg

Catford Broadway  
SE6  
**10% off**



## La Pizzeria Italiana

Shop 3 Eros House  
SE6 2EF  
**10% off**



## Islands Kitchen

9 George Lane  
SE13 6HQ  
**10% off**



## Studio Change

Catford DEK  
Old Town Hall  
SE6 4RU  
**10% off**



## MyComplete Focus CIC

261 Lewisham  
High St  
SE13 6NJ



## Truly Splendid Vintage Tearoom

Abbotshall Road  
SE6 1SQ  
**10% off**



## Linden Tree HR

Catford DEK  
Old Town Hall  
SE6 4RU  
**10% off**



## We Do Good Disco

Various Locations  
SE6  
**10% off**



## Abbotshall Road Healthy Lifestyle Centre

Abbotshall Rd.  
SE6 1SQ  
**10% off**



## SM Electronics

26 Catford  
Broadway  
SE6 4JU  
**10% off**



## Catford Gin Festival

**£15 off tickets**



## The Emporium of Thrift

Catford Bridge  
Station. SE6 4RE  
**10% off**



## Computer n Mobile Repair Centre

Catford Road  
SE6 4RE  
**10% off**



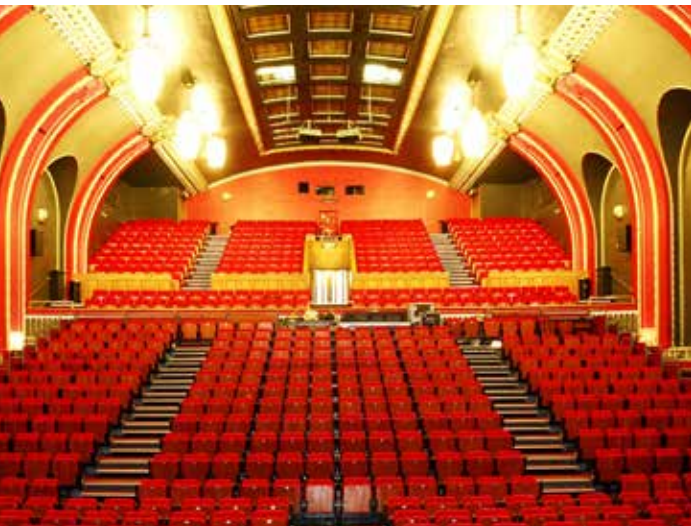
## Griffin Arts Festival

The Talent Factory  
4-14 Barmeston Rd  
SE6 3BH  
**Various Offers**



Purple Palm  
Wellness

SE6  
10% off



# DEPTFORD & NEW CROSS

## Heaps Deli Dinner

1 Deptford  
Broadway  
SE8 4PA  
**10% off**



## P & L Cycles

148 Lewisham Way  
SE4 1SX  
**10%/20% off**  
(T&Cs)



## Speedway Dry Cleaners

191 New Cross Road  
SE14 5DG  
**10% off**



## Deptford Heritage Festival

1 Market Yard  
SE8 4BX  
**£5 Tickets**



## Johnny's DIY

150-152 Deptford  
High Street  
SE8 3PQ  
**5% off**



## Curl Up and Dry

193 New Cross Rd  
SE14 5DG  
**15% off**



## Goldsmiths SU Cafe

10 Dixon Road  
SE14 6NW  
**10% off**



## Deli X

156 Deptford  
High Street  
SE8 3PQ  
**10% off**



## The Music Complex

20 Tanner's Hill  
SE8 4PS  
**10% off (T&Cs)**



## Waldron Dental Clinic

Waldron Health Ctr  
SE14 6LD  
**Special Offers**



## Win & Ruby

156 Deptford  
High Street  
SE8 3PQ  
**10% off**



## Manze's

204 Deptford  
High Street  
SE8 3PR  
**10% off**



## Peter and Joan

119 Deptford  
High Street  
SE8 4NS  
**10% off**



## London Velo

18 Deptford  
High Street  
SE8 4AF  
**10% off (T&Cs)**



## Cummin Up

265e New Cross Rd  
SE14 6AR  
**10% off**



## Uncle Neds Beds

147 Lewisham Way  
SE14 6QP  
**10% off**



## Pureco Insurance

183a Lewisham Way  
SE4 1UY  
**Up to 40% off**  
(T&Cs)



## Rising Sun Café

275 New Cross Rd  
SE14 6AS  
**10% off**



**New Cross Learning**

283-285 New Cross Rd. SE14 6AS  
**10% off printing**



**Karri Twist**

338 New Cross Rd  
SE14 6AG  
**10% off food**



**Serene Touch**

407c New Cross Rd  
SE14 6LA  
**20% off (T&Cs)**



**Big John's Biltong Bar**

29 Deptford High St  
SE8 4AD  
**10% off food**



**Buster Mantis**

3-4 Resolution Way  
SE8 4NT  
**10% off**



**Oasis Hair & Beauty**

407c New Cross Rd  
SE14 6LA  
**10% off**



**1 Star Boutique**

3 Lewisham Way  
SE14 6PP  
**10% off**



**Divine Cargo & Fashion Design**

355 New Cross Rd  
SE14 6AT  
**10% off (T&Cs)**



**The Greenhouse Deptford**

481 New Cross Rd  
SE14 6TA  
**10% off**



**Mankind Estate Agents**

305 New Cross Rd  
SE14 6AS  
**10% off fees**



**Delicious Café**

365 New Cross Rd  
SE14 6AT  
**10% off**



**Abstracticus**

51 Deptford Broadway  
SE8 4PH  
**15% off**



**Isla Ray**

31 Deptford High St  
SE8 4AD  
**10% off**



**Mez Mangal**

379 New Cross Rd  
SE14 6AT  
**10% off (T&Cs)**



**The Bohemians**

53 Deptford Broadway  
SE8 4PH  
**10% off (T&Cs)**



**Rough & Ready Coffee Shop**

311 Evenlyn Street  
SE8 5RH  
**10% off**



**Vinyl**

4 Tanners Hill  
SE8 4PJ  
**10% off**



**Red Carpet Boutique**

6 Deptford High St  
SE8 4AF  
**10% off £10 spend**



# DEPTFORD & NEW CROSS

## High Street Fruit & Veg

77 Deptford High St  
SE8 4AA  
**10% off**



## Dirty Apron

Arch 9, Deptford  
Market Yard  
SE8 4BX  
**15% off**



## Festa Sul Prato

Folkestone Gdns  
222 Trundleys Rd  
SE8 5JE  
**10% off**



## Roses Kitchen

8 Clifton Rise  
SE14 6JP  
**Saturday Lunch**



## Little Nan's Bar

ARCHES 13-15  
SE8 4BX  
**15% off cocktails**



## Wavelengths Leisure Centre

Giffin Street  
SE8 4RJ  
**25% off PAYG**



## Arapina

8 Little Thames Wk  
SE8 3FB  
**15% off**



## New X Gate Trust

Besson Street  
SE14 5QE  
**10% off  
adult courses**



## Rhubarb & Custard Café

Giffin Street  
SE8 4RJ  
**10% off**



## Deptford Lounge

9 Giffin St  
SE8 4RJ  
**10% off room  
bookings**



## One Vision Counselling

1 Creek Road  
SE8 3BT  
**£5 off**



## The Hill Station

Kitto Road  
SE14 5TY  
**10% off**



## The Box

Arch 4, Deptford  
Market Yard  
SE8 4NS  
**Discounts**



## The Albany

Douglas Way  
SE8 4AG  
**10% off cafe**



## Telegraph Hill Centre

Kitto Road  
SE14 5TY  
**Discount on rooms**



## The Tapas Room

Arch 8, Deptford  
Market Yard  
SE8 4BX  
**10% off**



## The Albany

Douglas Way  
SE8 4AG  
**10% off  
room bookings**



## Dry Cleaners New Cross

19 Lewisham Way  
SE14 6PP  
**Discount**



**The London Theatre**  
New Cross Road  
SE14 6TA  
**Discounted rates**



**Nova Creative Solutions**  
**20% off**



**Curzon Goldsmiths**  
Lewisham Way  
SE14 6NW  
**Concession rates**



**Smiths' Bar & Kitchen**  
86 Tanners Hill  
SE8 4PN  
**15% off**



**Taproom SE8**  
Taproom Unit 2  
St Pauls House  
SE8 4BX  
**10% off**



# FOREST HILL & HONOR OAK

## Alexander Charles & Brown

11 Dartmouth Road  
SE23 3HN  
**0.95% + vat (T&Cs)**



## Fu House Chinese & Thai Takeaway

18 Dartmouth Road  
SE23 3XU  
**10% off**



## Moon Lane Ink Bookshop

300 Stanstead Rd  
SE23 1DE  
**10% off**



## MindBody Therapy Centre

120 Stanstead Road  
SE23 1BX  
**Various Offers**



## MnM Beauty Clinique

19 Perry Vale  
SE23 2NE  
**£2 off £10 spend**



## Lilypad Estates

35 Honor Oak Park  
SE23 1DZ  
**20% off fees**



## Clubtek DJ & Production

127 Stanstead Road  
SE23 1HH  
**5% off**



## Finches Emporium

25-27 Perry Vale  
SE23 2NE  
**5% off**



## Donde Tapas

37-39 Honor Oak Pk  
SE23 1DZ  
**Various Offers**



## Big Mamma's Pizza and Chicken

131 Stanstead Road  
SE23 1HH  
**20% off (T&Cs)**



## Saying It With Flowers

259 Stanstead Road  
SE23 1HY  
**10% off**



## Pound Plus

39 Dartmouth Road  
SE23 3HN  
**10% off (T&Cs)**



## Iceni Music Shop

15 Brockley Rise  
SE23 1JG  
**Various Offers**



## Beckhams Property Services

299 Stanstead Rd  
SE23 1JB  
**1%/5%/10% (T&Cs)**



## Black Ink Tattoo Studio

3A Westbourne Ter  
SE23 2ND  
**10% off**



## The Fitting Studio

16 Dartmouth Road  
SE23 3XU  
**Free fitting service**



## Stanford Estates - Forest Hill

2A Dartmouth Road  
SE23 3XU  
**1% + VAT (T&Cs)**



## Hair Image Masters

43 Brockley Rise  
SE23 1JG  
**10% off**



**Jumping Bean**

45 Honor Oak Park  
SE23 1EA  
**10% off (mon-wed)**

**The Teapot**

56 London Road  
SE23 3HF  
**10% off (T&Cs)**

**Wild Horses**

95 Dartmouth Road  
SE23 3HT  
**10% off**

**Geddes  
Hairdressing**

45 London Road  
SE23 3TY  
**10% off services**

**Village Way  
Hair Salon**

5b Dartmouth Road  
SE23 3HN  
**20% off**

**Crystal Services**

9A Perry Vale  
SE23 2NE  
**5% off**

**Pickwick Estates**

47 Honor Oak Park  
SE23 1EA  
**20% off fees**

**Two Spoons  
Café & Bar**

72 Honor Oak Park  
SE23 1DY  
**10% off**

**Forest Hill School  
Sports Centre**

Dacres Road  
SE23 2XN  
**concession rates**

**Honor Oak  
Provender**

49 Honor Oak Park  
SE23 1EA  
**10% off**

**Blink Beauty  
Lashes Boutique**

73 Dartmouth Road  
SE23 3HT  
**5% off (mon-wed)**

**Forest Hill Pools**

Dartmouth Road  
SE23 3HZ  
**25% off PAYG**

**For Your  
Eyes Only**

53 Dartmouth Road  
SE23  
**£5 - 3 films 2 nights**

**Vaidas Bicycles**

74 Honor Oak Road  
SE23 1DY  
**10% off**

**CatBytes  
Internet Support**

44 Wastdale Road  
SE23 1HN  
**Special Deals**

**The Chandos**

56 Brockley Rise  
SE23 1LN  
**10% off**

**Hair & Beauty**

79 Dartmouth Road  
SE23 3HT  
**10% off**

**Laugh Train Home**

The Honor Oak Pub,  
1 St. Germain Rd  
SE23 1RH  
**£5 - get in touch**



# GROVE PARK

## Grove Park Pharmacy

344 Baring Road  
SE12 0DU  
**5% off (T&Cs)**



## Boltan Hair & Beauty Salon

362 Baring Road  
SE12 0DU  
**10% off (T&Cs)**



## Head Over Heels

374 Baring Road  
SE12 0EF  
**10% off (mon to wed)**



## Second Hand Furniture Shop

378a Baring Road  
SE12 0EF  
**10% off**



## Bubble & Squeak Café

384a Baring Road  
SE12 0EF  
**5% off (10% OAPs)**



## Turners of London Locksmiths

307 Baring Road  
SE12 0DZ  
**10% off**



# LEWISHAM COMMUNITY TOILETS

Have you ever had difficulty finding a toilet to use in Lewisham? Thanks to the Lewisham Community Toilets scheme there are more clean, safe and accessible toilets that are open to the public, at no cost.

Members of the scheme include local businesses, cafés, community centres and libraries whose toilet facilities are available for you to use. Most offer wheelchair access and baby changing facilities. Lewisham Local runs the scheme, funded by Lewisham Council.

## How do I find my nearest community toilet?

For the full list of please visit our website which includes an interactive map and search facility.

Look out for the Community Toilets window stickers and leaflets in libraries, doctors' surgeries, health centres and community centres.

[lewishamlocal.com/communitytoilets](http://lewishamlocal.com/communitytoilets)  
[communitytoilets@lewishamlocal.com](mailto:communitytoilets@lewishamlocal.com)



# LADYWELL & HITHER GREEN

**Hither Green Deli**  
13 Staplehurst Road  
SE13 5ND  
**10% off**



**Damascus Chef**  
**10% off booking**



**Onur's Café & Restaurant**  
334 Lewisham High St. SE13 6LE  
**10% off**



**Ocean Fish Bar**  
166 Manor Lane  
SE12 8LP  
**10% off (T&Cs)**



**Luce's Stitch-In & Design**  
261 Lewisham High St. SE13 6AY  
**10% off**



**Good Hope Cafe**  
34 Old Rd  
SE13 5SY  
**10% off**



**Hither Green Dry Cleaners**  
186 Hither Green Ln  
SE13 6QB  
**Discount**



**Cool Breeze**  
266 Hither Green Ln  
SE13 6TT  
**5% off**



**Stanford Estates - Hither Green**  
37 Staplehurst Rd  
SE13 5ND  
**1% + vat (T&Cs)**



**Paul Green Hypnotherapist**  
192 Manor Lane  
SE12 0UA  
**10% off**



**HE Olby & Deep Blue Bathrooms**  
299-313 Lewisham High St. SE13 6NW  
**15% off**



**Le Delice**  
38 Ladywell Road  
SE13 7UZ  
**10% off cakes**



**Park Fever**  
21a Staplehurst Rd  
SE13 5ND  
**10% off**



**The Fox & Firkin**  
316 Lewisham High St  
SE13 6JZ  
**Various Offers**



**El's Fitness Studio**  
38-40 Campshill Rd  
SE13 6QT  
**10% off services**



**Top Hut Pizza and Chicken**  
252 Hither Green Ln  
SE13 6TT  
**10% off (T&Cs)**



**Supreme Animal Foods**  
324-328 Lewisham High St. SE13 6JZ  
**10% off**



**Selder**  
405/407 Hither Green Lane  
SE13 6TR  
**10% off**



**Geddes  
Hairdressing &  
Beauty**

42 Ladywell Road  
SE13 7UZ  
**10% off services**



**Ladywell Junction  
- Dry Cleaners**

75 Ladywell Road  
SE13 7JA  
**10% off**



**Instrument**

261 Lewisham High  
Street, SE13 6AY  
**10% off**



**Honeybourne's**

46 Ladywell Road  
SE13 7UZ  
**10% off**



**Revive My Device**

79 Ladywell Road  
SE13 7JA  
**5% off**



**Ladywell Society**

116 Malyons Road,  
SE13 7AG  
**Free hot drink**



**Swing Patrol**

6-10 Dunston St  
SE14 6PP  
**10% off  
beginner classes**



**Print House  
London**

9 Ladywell Road  
SE13 7UT  
**10% off**



**MZ Café**

68 Springbank Rd  
SE13 6SN  
**10% off**



**Bagology**

261 Lewisham  
High Street  
SE13 6AY  
**10% off**



**Stronger Leaner  
Amber**

6a Longhurst Rd  
SE13 5LP  
**Various Offers**



**Ferpa  
Haberdashery**

261 Lewisham High  
SE13 6AY  
**10% off (T&Cs)**



**The Larder**

71 Ladywell Road  
SE13 7JA  
**5% off (10% weds)**



**Ladywell Arena**

11 Lewisham Way  
SE14 6PP  
**25% off PAYG**



# LEWISHAM CENTRE

## Lewis Grove Pharmacy

1 Lewis Grove  
SE13 6BG  
**5% off (T&Cs)**



## Bella Roma Italia

13 Lewis Grove  
SE13 6BG  
**15% off**



## Antonio Delicatessen

23 Lewis Grove  
SE13 6BG  
**10% off (T&Cs)**



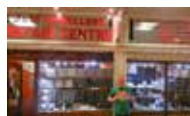
## CC Creations

1 Marischal Road  
SE13 5LE  
**10% off**



## J&M Jewellers

Lewisham Centre  
SE13 7ER  
**10% off**



## Crep Select

29 Molesworth St  
SE13 7EP  
**10% off**



## Hairlistique

1 Marischal Road  
SE13 5LE  
**10% off**



## We Fix Hardware

176 Lewisham  
High St  
SE13 6JL  
**10% off**



## Lewis Grove Dental Practice

3 Lewis Grove  
SE13 6BG  
**20% off hygiene**



## Base Zero Nursery

109a Randlesdown  
Rd. SE6 3HB  
**10% off**



## Café Inn

183 Lewisham  
High St  
SE13 6AA  
**10% off**



## Lewisham Salvation Army

3-11 Albion Way  
SE13 6BT  
**tea & coffee (T&Cs)**



## Levante

11 Lewis Grove  
SE13 6BG  
**10% off**



## You FiX

205 Lewisham  
High St  
SE13 6LY  
**10% off (T&Cs)**



## Glass Mill Leisure Centre

41 Loampit Vale  
SE13 7FT  
**25% off PAYG**



## Lewisham Bowl

11-29 Belmont Hill  
SE13 5AU  
**£2 per game  
(T&Cs)**



## Lewisham Food Centre

213 Lewisham High  
St. SE13 6LY  
**5% off**



## Garden of Eden

66 Loampit Vale  
SE13 7SN  
**10% off**



**Anya's Hair & Beauty**

76 Loampit Vale  
SE13 7SN  
**10% off (T&Cs)**



**The Rug Man**

Lewisham Market  
SE13  
**10% off + delivery**



**Labos Candy**

Lewisham Centre  
SE13 7HB  
**Various Offers**



**Catford Couriers**

81 Lee High Road  
SE13 5NS  
**20% off (T&Cs)**



**Lewisham Toy Library**

Lewisham Centre  
SE13 7HP  
**10% off**



**Rhubarb & Custard Café**

Loampit Vale  
SE13 7FT  
**10% off**



**Ziuzo Hair & Beauty Salon**

84 Lee High Road  
SE13 5PT  
**10% off**



**BFG Shoes**

Lewisham Centre  
SE13 7HB  
**10% off**



**Street Feast - Model Market**

Model Market  
SE13  
**Free entry for 2**



**The Sausage Man**

Lewisham Clock  
Tower  
SE13 6BB  
**20% off**



**La Nosheria**

Lewisham Centre  
SE13 7HB  
**15% off (T&Cs)**



**Quaggy Community Choir**

1 Copperwood Pl  
SE10 8FY  
**Session discount**



**Coso Food**

Lewisham Clock  
Tower  
SE13 6BB  
**10% off**



**Circle Collective**

Lewisham Centre  
SE13 7HB  
**10% off**



**Baseo Electronics**

Lewisham Centre  
SE13 7ER  
**5% off**



**Maggie's Fabrics**

Lewisham Market  
SE13  
**10% off (T&Cs)**



**Cummin Up**

Lewisham Centre  
SE13 7HB  
**10% off**



**FixGenie**

Lewisham Centre  
21 Loampit Hill  
SE13 7SZ  
**10% off repairs**



## Bargain World

103 Sydenham Rd  
SE26 5UA  
**10% off carpets**



## Munro Upholstery

151 Kirkdale  
SE26 4QJ  
**10% off**



## Kirkdale Bookshop

272 Kirkdale  
SE26 4RS  
**5% off**



## Lindo 2 Wheels

11 Kirkdale  
SE26 4QX  
**10% off**



## Max Will Help

16 De Frene Road  
SE26 4AB  
**20% off**



## Sydenham Flower Studio

36 Sydenham Rd  
SE26 5QF  
**Discounts**



## Dilz Café

11 Sydenham Road  
SE26 5EX  
**10% off**



## Kente Coffee Shop

16 Sydenham Road  
SE26 5QW  
**10% off**



## Essence of Nature

49 Sydenham Rd  
SE26 5EX  
**10% off (T&Cs)**



## The Journey Café

110 Kirkdale Road  
SE26 4BG  
**10% off &  
Special Offers**



## Aizah Hair & Beauty

18 Sydenham Road  
SE26 5QW  
**10% off**



## Caremark (Lewisham)

172 Sydenham Road  
SE26 5JZ  
**20% off first 5 hrs**



## Dulwich Reclamation

130 Kirkdale  
SE26 4BB  
**10% off**



## Sylvan Post

24-28 Dartmouth Road  
SE23 3XU  
**10%/20% off T&Cs**



## J.P. Rowntree

**20% off (T&Cs)**



## Waffle Station

138 Kirkdale  
SE26 4BB  
**20% off**



## Cherry & Ice

27 Sydenham Road  
SE26 5EX  
**10% off**



## Design By Ben

94 Kirkdale  
SE26 4BG  
**Special Offers**



**Lewisham Indoor Bowls**

Kangley Bridge Rd  
SE26 5AQ  
25% off PAYG



**The Bridge Leisure Centre**

Kangley Bridge Rd  
SE26 5AQ  
25% off PAYG



**La Terra Art**

15% off



**Love The Beat Radio**

210 Sydenham Rd  
SE23 5SE  
Advertising deals



**Splendid Webs Discount**



**Dawn to Dusk Video Production**

1 Spring Hill  
SE26 4LD  
20% off



# ONLINE & OTHER OFFERS

**Moiria Tait Voice  
Over Artist**  
10% off



**Kika Training**  
20% off training  
and workshops



**Mercela's  
Cake World**  
Special Offers



**StariEyes**  
20% off t-shirts



**JLM & Co  
Cleaning Services**  
Discount



**Moose Mail  
Couriers**  
5% off (T&Cs)



**Accounting For  
Charities**  
10% off for  
Lewisham Charities



**Dream But  
Do Not Sleep**  
15% off : LLOCAL15



**Fledgling Jones  
HR Consultants**  
Discounts



**Immanent  
Productions**  
25% off



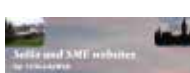
**Smiley Huseyin  
Photography**  
10% off



**Casilda's  
Nice Things**  
10% off (T&Cs)



**123LadyWeb**  
Discount on web  
services



**London Loo Tours**  
25% off :  
LewishamLocal



**Flowers by  
Ann-Marie**  
10% off & deals



**The Mindful  
Gardener**  
10% off (T&Cs)



**You Chill  
We Clean**  
10% off (T&Cs)



**Griot  
Communications**  
Various offers



Lewisham  
Lowdown Social  
Media Training  
10% off (T&Cs)



London Blitz  
Clean  
15% off



Canada Water  
Theatre  
10% off rooms



Duke and Duchess  
of Africa  
10% discount



Logo Promotion  
Discount



La Diva Drinks &  
Food  
Special Offer



London Parkour  
Projects  
15% off



Teatro Vivo  
10% discount on  
3-hour hire of the  
Usherettes



The Big Gay AI  
Presents  
10% off



Mont58 Coffee  
10% off online  
orders



Fwd 360  
Special Offer



# GIVE YOUR TIME TO A LOCAL GOOD CAUSE

It's time to get involved!

Find out about local volunteering opportunities  
at [lewishamlocal.com](http://lewishamlocal.com)



# REFILL LEWISHAM

Refill Lewisham helps locate places to refill your bottle with free tap water. This helps reduce the amount of single-use plastic waste and make drinking water more accessible in public spaces.

Find hundreds of refill points in Lewisham and across London on our website. Look out for stickers displayed in the windows of participating cafes, bars, restaurants and pubs.

**[lewishamlocal.com/RefillLewisham](http://lewishamlocal.com/RefillLewisham)**



## BENEFITS OF REFILL LONDON

- Reduces single-use plastic waste
- Low cost for businesses – Refilling ten 500ml bottles only costs 1p
- Increased visitors to local businesses

Could your business become a free water refill station?

Would you like to help sign up local free water refill stations?

Contact [hello@lewishamlocal.com](mailto:hello@lewishamlocal.com)







With thanks to our funders



SUPPORTED BY  
**MAYOR OF LONDON**

## How to get a card

If you volunteer in the community, visit our website to sign up for your free card and start receiving discounts in Lewisham businesses!

[lewishamlocal.com/card](http://lewishamlocal.com/card)

## Get in touch

[card@lewishamlocal.com](mailto:card@lewishamlocal.com) or  
[www.lewishamlocal.com/card](http://www.lewishamlocal.com/card)

Write to us – Rushey Green  
Time Bank, Unit B,  
PLACE/Ladywell,  
261 Lewisham High Street,  
SE13 6AY



[www.lewishamlocal.com/card](http://www.lewishamlocal.com/card)

Hosted by Rushey Green Time Bank  
Charity number 1101616 | Company Number 4681564

