



**Volunteering Title:** Session Support Volunteers

**About Role:** We are looking for volunteers to support our weekly sessions held in Grove Centre, Sydenham. Ideally, volunteers would do 2-hour session per week for at least 2 months.

**Key Activities:** Interacting with a lovely and fund group of older people – making cups of tea, helping out with art projects, setting up games etc. It is a friendly environment!

**Person Specification:** You will need to have an up-to-date DBS Check, due to the interaction with vulnerable older people. If you do not have one, we will be happy to help you with the process.

**Time Commitment:** Tuesday 1pm – 3pm (Arts and Games Group)  
Wednesday 10am – 12pm (Bingo and Gentle Exercise)

**Contact Details:**

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Programme Manager

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